

Careers in Mental Health and Human Services

Careers in mental health and human services offer a range of specializations in a variety of work environments. There are opportunities to work with all ages from children to older adults, either in groups or individually.

Individuals considering careers in the mental health or the human services field should be empathetic listeners, patient, compassionate, observant with good communication skills and motivated to support others. Those with lived experiences as a consumer, or family member of a consumer receiving mental health services are encouraged to apply for these programs.

The California Community Colleges offer training programs for entry-level positions in the human services and mental health fields. The programs range from associate degree programs to certificate programs. Some colleges offer non-credit training through their continuing education programs.

Depending on career goals, there are a variety of pathways for these careers, so it is advised to speak with an academic counselor. Financial aid information is also available at each college. For salary and labor market information, please visit the State of California Employment Development Department website at: www.labormarketinfo.edd.ca.gov



ECONOMIC & WORKFORCE DEVELOPMENT
through the
CALIFORNIA
COMMUNITY
COLLEGES

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Pathways to CSUs and UCs

(There are additional pathways, it is important to speak with an academic counselor)

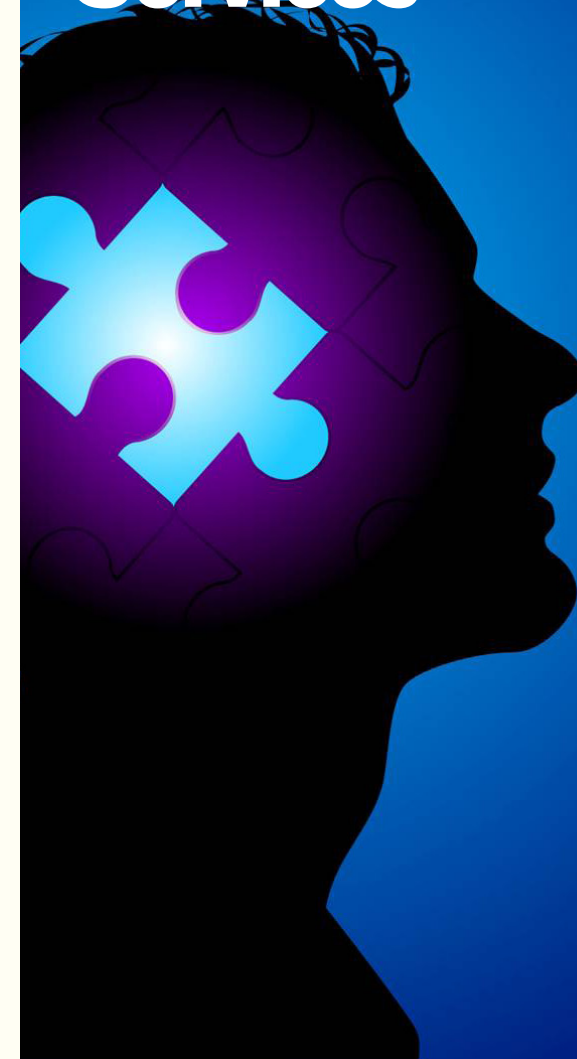
UC Campus	Major Name on Campus
Berkeley	Social Welfare B.A.
Davis	Human Development B.S.
CSU Campus	Major Name on Campus
Chico	Social Work B.A. *DL OPTION
Dominguez Hills	Health Science B.S. with Community Health Option Human Services B.A. Human Services B.A. with Mental Health Recovery Option
Fresno	Criminology B.S. with Victimology Option Health Science B.S. with Community Health Option Social Work B.A. Human Services B.S.
Fullerton	Social Work B.A. *DL OPTION
Humboldt	Social Work B.A.
Long Beach	Health Science B.S.
Los Angeles	Health Science B.S. with Option in Community Health Social Work B.A.
Monterey Bay	Collaborative Health & Human Services
Pomona	Sociology B.A. with Social Work Option
Sacramento	Health Science B.S. Concentration in Community Health Social Work B.A.
San Bernardino	Health Science (Public Health Education Concentration) B.S. Social Work B.A.
San Diego	Health Science B.S. with Emphasis in Public Health Social Work B.A.
San Francisco	Social Work B.A.
San Jose	Health Science B.S., (Concentration in Health Professions) Social Work B.A.
Sonoma	Sociology B.A.
Stanislaus	Sociology B.A. Concentration in Drug and Alcohol Studies Sociology B.A. Human Services

*DL OPTION: Distributed Learning (DL) option offers a fully accredited hybrid online bachelor of arts degree in social work.

The California Community Colleges
Allied Health Programs

Step Up to the Future
with Careers in

**Mental Health
and Human
Services**



Alcohol and Controlled Substances

Drug and alcohol counselors provide addiction prevention services and treatment as entry-level drug and alcohol counselors or case managers. Their duties may include but are not limited to intake, assessment, treatment planning, individual and group counseling, case management, crisis intervention, client education and consultation with other professionals regarding client treatment and services. Positions may be available in outpatient or inpatient facilities, community health centers, community treatment programs, residential sites, and correctional facilities.

Allan Hancock
American River
Butte
City College of San Francisco
College of the Desert
College of the Redwoods
College of the Siskiyous
Cypress
Diablo Valley
East L.A.
Fresno City
Glendale
Hartnell
Imperial Valley
L.A. City
L.A. Pierce
L.A. Southwest
Lake Tahoe
Lassen
Long Beach City
Mendocino

Merced
Merritt
Modesto
Mt. San Antonio
Mt. San Jacinto
Palo Verde
Palomar
Porterville
Rio Hondo
Saddleback
San Bernardino
San Diego City
San Joaquin Delta
San Jose City
San Mateo
Santa Barbara City
Santa Rosa Junior
West L.A.
Woodland
Yuba

Community Health Worker

Community health workers (CHWs) are frontline health care professionals. CHWs serve as a liaison between patients, community agencies, clinics and hospitals. These individuals are effective at building bridges between underserved communities and the health services they need.

Cañada
City College of San Francisco
East L.A.
Mission
San Joaquin Delta
Santa Rosa Junior

Psychiatric Technician

Psychiatric technicians work with people who have emotional or mental illness or those with developmental disabilities. They care for and interact with patients under the supervision of psychiatrists, psychologists, psychiatric registered nurses and therapists. Psychiatric technicians provide therapeutic services and lead them in their daily recreation, work and treatment activities. They observe patients and report any physical or behavioral changes to the professional staff. Psychiatric technicians can work in a variety of settings including inpatient or outpatient, community mental health agencies, board and care homes, crisis intervention centers, residential care facilities, correctional facilities and adolescent care centers.

Cuesta
Cypress
Mission
Mt. San Antonio
Napa Valley
Porterville
San Bernardino
San Joaquin Delta
West Hills Coalinga
Yuba

Human Services

The human services program is intended to prepare the student for an entry-level position in the human services field such as family services worker, mental health worker, life skills counselor, eligibility worker, community outreach worker and social services assistant. Human services programs offer a wide range of concentrations and can provide the skills necessary for entry-level positions in mental health, social services, substance abuse treatment and related fields.

Allan Hancock	Folsom Lake	Sacramento City
American River	Fresno City	Saddleback
Bakersfield	Imperial Valley	San Bernardino
Berkeley City	L.A. City	San Diego City
Butte	Las Positas	San Joaquin Delta
Cabrillo	Lassen	Santa Ana
Cañada	Long Beach City	Santa Rosa Junior
Cerritos	Mendocino	Solano
Cerro Coso	Merced	Southwestern
Chabot	Merritt	Ventura
Coastline	Mira Costa	Woodland
College of the Sequoias	Modesto	Yuba
College of the Siskiyous	Monterey	
Columbia	Moreno Valley	
Contra Costa	Napa Valley	
Cosumnes River	Orange Coast	
Cuyamaca	Oxnard	
Cypress	Porterville	
	Reedley	
	Riverside City	

You may also be interested in the Family Studies programs offered at these colleges:

Cuesta
L.A. Mission
Orange Coast
Saddleback
Shasta

www.assist.org - This website can assist you in exploring majors, transfer requirements and career pathways for California's public colleges and universities.



Health Workforce Initiative

www.ca-hwi.org - The Health Workforce Initiative provides a search by program or by college for the California Community Colleges' allied health programs.